

Word of Encouragement: Relief is on the Way!

Breaking the Grip: Recognizing and Overcoming the Python Spirit

If you feel as though the very breath is being squeezed out of your spirit, know this: you are not alone, and your cry for relief has been heard. The suffocating pressure you are experiencing—that heavy, relentless weight on your soul—is a targeted attempt to drain your strength and silence your voice. But take heart, for the power of the Living God is greater than any force that seeks to bind you. Divine relief is not just a hope; it is on the way!

The squeezing and pressure are not in your head, but an attack from the Python Spirit.

Understanding the Python Spirit

The Apostle Paul encountered this spirit in Acts 16:16–18. The Greek word used is *pneuma puthōna*, which is associated with the Pythian oracle of Delphi and represents divination, control, and manipulation. The spirit used deception, crying out to mimic authority, which highlights the vital need for discernment. Paul did not debate or negotiate with this spirit; instead, he exercised direct authority in the name of Jesus Christ to cast it out, effectively breaking the cycle of control and manipulation. This encounter demonstrates that believers have the authority to break off spiritual constriction and manipulation through the power of Jesus Christ.

Signs and Symptoms of Attack

- **Sensation of Squeezing or Suffocation:** A primary sign is feeling "squeezed" and "suffocated" regarding your spiritual strength. You may feel as if you are under immense pressure coming from all sides.
- **Extreme Spiritual Exhaustion:** You feel deeply tired, often to the point where you feel tempted to give up on your assignments, ministry, or prayer life.
- **Loss of Spiritual Vitality:** Like other oppressive spirits (such as witchcraft or Jezebel), this attack can drain your energy, making it difficult to maintain spiritual disciplines like prayer, reading the Word, and worship.
- **Feeling of Being "Held Down":** Because this spirit is often associated with constriction, you may feel an oppressive heaviness that makes it difficult to move forward or find relief.

Prayer for Deliverance

Lord Jesus, I come before You today, acknowledging that You are my strength and my deliverer. I repent for any open doors in my life, known or unknown, that have allowed the enemy to place this burden upon me. I close those doors now with Your precious blood.

In the mighty name of Jesus Christ, I bind and rebuke the assignment of the Python spirit. You will not squeeze or suffocate my spiritual strength any longer. I command every spirit of constriction, pressure, and suffocation to release its grip on my mind, my body, and my spirit right now.

I break agreement with the fatigue, the exhaustion, and the temptation to give up. I refuse to be a victim, and I declare that I am a conqueror through Christ. I command all lethargy and spiritual heaviness to be broken off of my life.

Holy Spirit, I ask that You fill me fresh today. Baptize me with Your fire and replace this pressure with Your peace. Restore my passion for prayer, for Your Word, and for worship. Cleanse this temple, and help me to walk in the freedom You have purchased for me.

I pray this in the precious and powerful name of Jesus Christ. Amen.

How to Close Open Doors

Spiritual attacks often find legal access points through unconfessed sin or unresolved issues. To prevent these assignments, take these proactive steps:

- **Repent and Confess:** Acknowledge and confess known sins to God. Unconfessed sin can act as a legal access point for the enemy.
- **Identify and Renounce Strongholds:** Specifically renounce areas such as unforgiveness, bitterness, anger, pride, and fear. These act as "landing strips" for the enemy to gain influence.
- **Return to Spiritual Disciplines:** Do not let exhaustion dictate your habits. Even when you do not feel like it, push through to pray, worship, and read the Word to crucify the flesh and regain your spiritual focus.
- **Reject Victim Mentality:** Refuse to partner with self-pity or hopelessness. You are a conqueror in Christ Jesus, not a victim.

Prayer to Close Spiritual Doors:

"Father God, I ask You to reveal any doors that have been opened in my life through sin, trauma, or generational influence. I repent for anything that has given the enemy access. I close every door opened through

unforgiveness, bitterness, fear, pride, or other strongholds. I declare these doors are now shut by the authority of Jesus Christ. My life belongs to God alone. Amen."

Scriptures for Deliverance

Acts 16:16–18: "Now it happened, as we went to prayer, that a certain slave girl possessed with a spirit of divination met us, who brought her masters much profit by fortune-telling."

Isaiah 59:19: "So shall they fear the name of the Lord from the west, and His glory from the rising of the sun; when the enemy comes in like a flood, the Spirit of the Lord will lift up a standard against him."

2 Corinthians 10:3–5: "For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God..."

Psalms 142:3: "When my spirit was overwhelmed within me, then You knew my path..."

John 10:10: "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly."

Relief is coming! Relief is on the way! Hold up the shield of faith to deflect every fiery dart of the enemy. You have been anointed by Jesus to crush this serpent's head. You are sent by God, on a mission, and have all authority to trample upon snakes and scorpions. Put on some soaking music and get in the presence of the Lord, worship Him, and watch how quickly the enemy takes off.